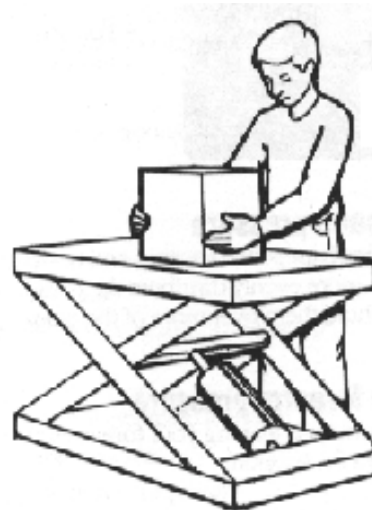


## **Place objects at a good working height**

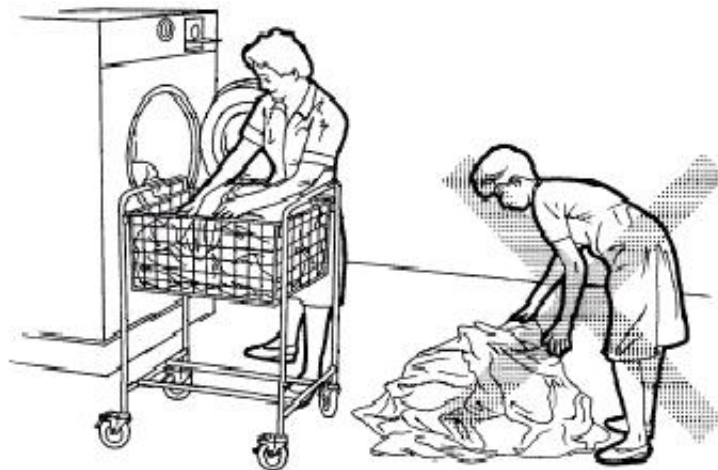
**Reduces awkward lifting**



Boxes left on cart



Scissor lift



Laundry cart

### **Other benefits:**

- Promotes better back posture
- Allows arms to be relaxed and closer to the body
- Less overall fatigue at the end of the day